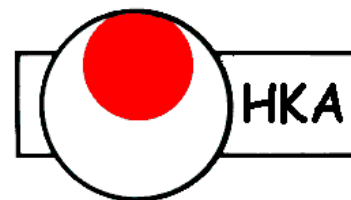


Fife Shotokan Karate Club

Affiliated to Highland Karate Association and the SKGB



**Proudly presents a Masterclass
Weekend with**

Sensei Paul Herbert, 5th Dan, ASK



Date: Saturday 12th & Sunday 13th November 2011

**Venue: Duloch Leisure Centre, Nightingale Avenue,
Dunfermline, Fife, Scotland**

Please note- there are limited spaces available.

To book your place, please complete and return the attached booking form.

For more details, contact Kevin Slaney on 07766 711586 or kevslaney@aol.com

Sensei Paul Herbert - Masterclass Weekend

Training Times

Please note that this is an Open course, and we welcome karate students from all associations and styles for the Saturday classes.

The Sunday class will be open to all martial artists, who have an interest in Self Defence.

Please ensure that you present a valid martial arts licence before training.

Saturday 12th November

12.00 am – 1.00 pm Kids' Kumite Class (All Grades)

1.30 pm – 4.30 pm Brown & Black Belt Class (x2)

Sunday 13th November

11.30 am – 2.30 pm Self Defence Training (All grades, adults only)

Please note that the Sunday training is open to all martial artists

Prices:

Kids Class £10 Adult Training - £25 per day

Sensei Paul Herbert Masterclass Weekend - Booking Form:

Name: _____

Club/ Style of Martial Art: _____

Contact Number: _____ Email: _____

(Your email is required in order that I can confirm safe receipt of your booking)

Booking Requirements:

Please tick the appropriate box:

Kids Class Saturday Sunday Weekend

Fee Included (please make cheques payable to Fife Shotokan Karate Club)

£ _____

Declaration & Form of Release: I hereby declare that I am physically and mentally fit to participate in this course. I indemnify the organisers and officials of the said course in respect of any negligence, loss, injury, or damage caused. I fully understand that Karate is a high risk sport and injury is a foreseeable consequence whilst participating in this event.

Signed: _____ Date: _____

(Parent/Guardian to sign if booking is for Children's class)

Please return form and course fee to: Kevin Slaney, 87 Letham Rise, Dalgety Bay, FIFE KY11 9FW