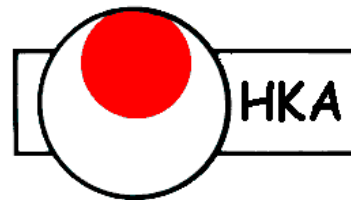


Fife Shotokan Karate Club

Affiliated to Highland Karate Association and the SKGB



Proudly presents a Masterclass Weekend with

**Sensei Dave Hazard
7th Dan**

And



**Sensei Aidan Trimble
7th Dan**

**Saturday and Sunday
13th & 14th November 2010**

**A unique opportunity to train in Scotland with two of
Shotokan's very best instructors**

**Venue: Duloch Leisure Centre, Nightingale Place, Dunfermline,
Fife, Scotland**

Please note- there are limited spaces available. To book and reserve your place,
please complete and return the attached booking form.

For more details, contact Kevin Slaney on (07766 711586) or kevslaney@aol.com.

Masterclass Weekend – Training Times

Please note – Sensei Ronnie Ross, 6th Dan and Phil Owen, 5th Dan will also be teaching on the seminar. This has meant that I can now offer additional classes each day.

All adult classes are for Brown & Black Belts only.

Saturday 13th June

11.30 am – 12.30 pm Kids' Class (All Grades)

12.30 pm – 1.30 pm Zuki Waza

2.00 pm – 3.00 pm Kata

3.00 pm – 4.00 pm Keri Waza

Sunday 14th June

11.30 am – 12.30 pm Uke Waza

12.30 pm – 1.30 pm Uchi Waza

2.00 pm – 3.00 pm Kata

3.00 pm – 4.00 pm Jyu Ippon

Prices:

Kids Class £10 Adult Training - £25 per day

Senseis Hazard & Trimble Masterclass Weekend - Booking Form:

Name: _____

Club: _____

Contact Number: _____

Email: _____

Booking Requirements:

Please tick the appropriate box:

Kids Class Saturday Sunday Weekend

Fee Included (please make cheques payable to Fife Shotokan Karate Club)

£ _____

Declaration & Form of Release: I hereby declare that I am physically and mentally fit to participate in this course. I indemnify the organisers and officials of the said course in respect of any negligence, loss, injury, or damage caused. I fully understand that Karate is a high risk sport and injury is a foreseeable consequence whilst participating in this event.

Signed: _____ Date: _____

(Parent/Guardian to sign if booking is for Children's class)

Please return form and course fee to: Kevin Slaney, 87 Letham Rise, Dalgety Bay, FIFE KY11 9FW